

# **Tong Ren**

## **Gravitational Healing**

*Tom Tam*



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Printed and published in the United States of America by the Oriental Culture Institute Press.

**Cover Design: Tom Tam**

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**First Printing: January 2018**

**Second Printing: April 2018**

**Third Printing: July 2018**

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## Foreword

Legally I have had a successful healing practice in Boston for over 35 years. Now is the time for me to step into retirement to enjoy the rest of my life. Yet the truth is how can I stop working? The world still has so many more untreatable diseases than treatable ones. Of course my healing ability is too tiny to heal this whole world but my healing theory and philosophy may help many people who have lost hope. I still do not have any religious beliefs even though I have translated Lao Tzu's *Dao De Jing*. For my humanitarian mission, I must write down my healing theory and its development for the world.

Most people do not believe my healing theory and results considering them only boastful and arrogant. When I hold my hand over my heart and speak with honesty under God, I can truly say that my theory of healing and practice has saved many lives and has given countless patients and their families renewed hope. In my whole life and healing practice, I found one true way of healing. That is to follow science. In the very beginning of my practice, I followed Traditional Chinese Medicine (TCM) with acupuncture. I was never satisfied with this because the healing rate and range continued to disappoint me which drove me to discover the how and why.

My initial thinking questioned why TCM was becoming more popular in the Western world. The answer became obvious. After dismal healing results from Western conventional medicine, people began looking for other methods of healing which is natural for human survival. Yet others also question the reason why so many diseases cannot be healed by TCM.

Often times in my practice patients question me, “Why can’t I get better after trying so many ways of healing?” In fact, I constantly wonder why Western, TCM, religion, alternative and mainstream medicines cannot heal many diseases. I cannot merely comfort the patient with “poor baby” and “I am not God.” I do not want to replay that over again with any patient. I have to find the answer. Finding the answers for healing is not easy because so many medical experts and researchers have tried many theories and techniques for healing without success and at the same time because many theories and ways have not yet been tried.

Living in this modern world we must follow the ways of science. The ancient theory and method of TCM has gathered a huge history of experience and healing theory. No one can deny the experience and benefit of modern medicine yet we cannot depend on this experience in medicine for healing many illnesses. In my practice I realize that if we want to develop TCM then it must be upgraded with scientific medical knowledge. In the last twenty years of my healing study, I have used the nervous system to replace the meridian system and have achieved successful healing results. I call this nervous system healing The Tom Tam Healing System.

Scientific knowledge is the key to opening the blockages for healing. Western medicine developed from science yet why are there so many illnesses that still cannot be healed by its system? Something is wrong with or missing from this medical system. I have never attended medical school to study Western medicine or TCM. I do not judge or criticize the healings of modern medicine and TCM.

The turning point in my study of healing came after an argument I had about the existence of bioelectricity with a Chinese Medical Doctor who graduated from Tufts Medical School in Boston. I wondered why medical doctors did not study bioelectricity in medical school. I also discovered in the last hundred years Western medicine still has not mapped the nerves of the internal organs. Many of the Western medical skeptics criticize the theories of TCM that focus on Chi and the meridians. Yet they never question the fact that Western medicine does not study bioelectricity and the internal organs' nerves.

In America there is an expert group known as The Society for Science-Based Medicine (SFSBM). "*SBM's authors are all medically trained and have spent years writing for the public about science and medicine, tirelessly advocating for high scientific standards in health care.*" It is not a joke! Do their *high scientific standards in health care* and medical training include bioelectricity or are their standards only limited to biochemical knowledge? Do any of them have knowledge of the internal organs' nerves? In the SFSBM, all members must have highly-trained medical educations and backgrounds and they have spent years writing as skeptics and critics of other healing systems.

Time keeps changing. The textbooks from their medical schools are too old and filled with controlled information. They know how to upgrade their computers and cellphones but not their medical knowledge. We know the human body has two functions; biochemical and bioelectrical. If they do not have knowledge of bioelectricity then how can they criticize the methods of

diagnosis and healing of those practitioners who understand bioelectricity? Yet many of the so-called skeptics tout their science-based medicine for their esteem and glory. The work of a skeptic is not easy because it requires a lot of scientific knowledge. I must admit I am a silent skeptic. My high scientific standards in health care have evolved into quantum healing and gravity healing yet modern medicine still relies on chemical health care.

Everyone likes to be a critic like the little boy who wants to figure out the magician's trick. A medical critic requires medical scientific knowledge but Western medicine and even alternative medicine are missing the knowledge of the organs' nerve system and bioelectricity theory. In my practice I put a lot of attention on the nerve system for healing. Ten years ago I wrote the book, Healing Cancer with the Nervous System - A New Concept to Healing Cancer. The function of the nerve is to pass the biosignal to trigger cell activity. More recently in America the study of bioelectricity is getting some attention but it is still not used for healing.

Everyone knows that the body is formed by cells. The cells' functions are based on energy. So what is the energy in our body? In TCM it is simple to understand energy which is just called Chi. In science any energy is formed by the particle and the wave. Bioelectricity carries the electron and wave which is called particle or wave duality. Now the scientists discovered the gravity wave from the merger of two black holes. Gravity is the energy that forms the universe and our bodies. Without a doubt, a change in gravity can affect the growth and function of the body's cells. Hopefully someday the

Society for Science-Based Medicine can humbly study the electron and the graviton for healing instead of wasting time with nonproductive criticisms and arguments.

*“People should not suffer, die, go bankrupt and lose time and hope because of complementary and alternative pseudo-medicine.” (The Mission of The Society for Science-Based Medicine).* It sounds so good, does their mission include discussing conventional medicine and chemo or is their mission only limited to the alternative pseudo-medicine? I cannot give you the answer but I know every country has the same problem; people suffer, die, go bankrupt and lose time and hope from that country’s own conventional medicine or mainstream medicine. Politically I cannot give you more details about the harmful results from healing but everyone living in America should know that *“Recent studies have shown that the third highest death rate in America is due to medical errors.” (Posted on Jan. 11, 2018 by STAFF).* Consider this; *“SBM’s authors are all medically trained and have spent years writing for the public about science and medicine.”*

The whole world needs new ways and concepts for healing science-based medicine. *“People should not suffer, die, go bankrupt, and lose time and hope.”* Many would also claim this as a healing goal and we do too. Our Tong Ren healing class follows this goal worldwide since 2001. In our healing class we cannot guarantee a stop to the suffering and death. One thing we can guarantee is no one will go bankrupt because in the last 17 years all of our Tong Ren Healing classes are free and harmless. Yet to decrease the suffering



and death rate, we must continue to prove our healing results by following the way of science.

I want to join in the efforts of The Society for Science-Based Medicine to change the world and I can selflessly share with it my knowledge of bioelectricity and the internal organs' nerve system. However it is unfortunate that our Tong Ren Healing has been on its blacklist. *“It is possible that an energy treatment such as reiki or therapeutic touch, or voodoo acupuncture like Tong Ren, could produce similar results to sham acupuncture or acupressure. If so, then physical contact would be proven to be unnecessary.”* (*The Skeptic's Dictionary*). Its definition of healing only accepts the science of chemicals but does not accept energy healing or even the bioelectricity theory. Its definition of healing does not include any nerve information about the internal organs. In the minds of its members and by its definition, Tong Ren healing is just *like voodoo acupuncture* and not in its range of knowledge.

In my practice and study I do not follow the TCM theory but instead I follow the healing experience of TCM. The nerve system I follow is from a standard medical school textbook as well as the scientific theories from research. Of course many medical experts ask me for medical evidence but I cannot afford such an expense. Many medical theories and methods that are used in hospitals without medical evidence but they are called clinical trials. Science must not have a double standard with evidence. Where results are involved, a scientific pioneer needs no evidence; just a stubborn confidence. Evidence only belongs to the cynic.

Scientific development never stops. Each day we learn about a new discovery from scientific evolution. Of course our healing needs an upgrade and cannot stay at its current level. So many new theories and concepts are discovered so why don't we use them? China has developed the quantum satellite and quantum network by using the quantum theory. I follow the quantum theory combined with Tong Ren Healing. Last year I wrote a book about quantum healing, Tong Ren Quantum Healing. This year I finished the first edit of a book for gravitational healing, Tong Ren Gravitational Healing which still needs more time and knowledge to complete. However I want more people to understand my gravitational healing theory and practice so I must print this unfinished book for the readers earlier to share my new healing concept.

My gravitational healing is a brand new concept. Without a doubt it will be criticized around the world by both medical experts and laymen. Criticism is good in that it helps me learn more from others. Hopefully after you read my book you can share your thoughts and criticisms with me. Humility is the path to higher learning.



## **We Are the Placebo**

Tong Ren Healing is growing more popular in Italy and many medical doctors there are using Tong Ren Healing in their practices. How has Tong Ren become so popular in Italy? I think the Italians with their tradition of daring, empirical, experimental minds are truly open to looking for new knowledge with courage just like Galileo Galilee. It is widely believed that accepting new healing knowledge is natural. However it is not easy to really accept new knowledge because to do so requires the ability to overcome neophobia and to give up fixed concepts.

Tong Ren Quantum Healing is not the first healing approach based on the quantum theory but it is one of the pioneers to use quantum theory as both a philosophy and a practice for medical treatment. It operationalizes the quantum theory that the mind is a power that can change the particles and waves. The conscious mind can change particles and waves and early in the twentieth century the Double-Slit Experiment proved this theory thus documenting the observation effect. Numerous quantum mechanics studies have proven quantum entanglement in which two objects are connected through energy regardless of time and space. The latest scientific studies assert that mind power can affect the DNA's function. Therefore many scientific studies have continued to prove that the mind is a power but how many scientists believe it? When we say that the power of the mind can be used for healing then most scientists will laugh, saying, "It is a placebo effect." This standard reply comes from people who feel that only the uneducated would be unsophisticated enough to believe in the

placebo effect for healing. A high percentage of people believe that only chemical medicine with pills and surgery can work for healing. This idea is constantly reinforced by advertising and controlled education. Healing modalities that use the mind, energy, herbs or even acupuncture are often categorized as fake medicine or voodoo.

Healers feel disconcerted that their practices are labeled as, "just a placebo." Instead healers should stand up confidently and with pride to say, "Yes, we promote placebo healing! Why not? Our placebo works. Look at the results." Many people debate to persuade others that the mind or a placebo does not work at all. So what is placebo healing and why are people opposed to it? Let us take a look at what WebMD explains, "*What Is the Placebo Effect? A placebo is anything that seems to be a "real" medical treatment but isn't. It could be a pill, a shot, or some other type of "fake" treatment. What all placebos have in common is that they do not contain an active substance meant to affect health.*"

In healing there are the "real" medical treatments and the "fake" treatments according to WebMD's definition. Yet in medical double-blind tests sometimes the "fake" treatment with a sugar pill can beat the "real" medical treatment from a chemical pill! In these cases based on clinical outcomes which one is fake and which one is real? The fake and real medicines are decided by the researcher from his mind of subjective selection but not the result of data with objective selection. In objective selection, the decision of fake or real comes after the test result. In the subjective selection the mind decides the fake or real before the treatment or test. So

which one is the fake treatment and which one is the real treatment? This depends on what scientific logic we follow; the objective or subjective.

According to scientific studies, the objective mind works on the macro level; the subjective mind works on the micro level. Fake or real medicine in healing does not have to follow a particular scientific theory. Confusingly sometimes the fake medicine works and sometimes the real medicine works. Sometimes the mind works better than the chemical pill. In quantum theory, the mind's power can affect both the real and fake treatments. So in healing we should not separate the real and fake treatments. Whichever one can heal or help should be the appropriate treatment so we should not prejudge the outcome of any approach to healing. When two baseball teams compete, no one can judge the final winner and loser until the game is finished.

Indeed treatment and the way it is presented can have two different effects on the mind in regard to healing; the placebo and the nocebo. Placebo is a positive mind effect as in a case when a healer or doctor prescribes a sugar pill to a patient with an encouraging and supportive attitude and claims the patient will heal. Many patients take a sugar pill and have good results according to medical reports. So is this positive mind power for healing come from the healer or the patient or from both of them? Actually it does not matter who it comes from or how it works because when the placebo outperforms the actual medicine then we can conclude that the mind is a power that can affect the healing result. So a sugar pill may be fake medicine but its impact on

healing shows that expectation in the mind is a real treatment with real healing results.

With brainwave entrainment, the mind's power of suggestion can come from either the healer or the patient or both. People dislike or scoff at the placebo effect because they do not want to acknowledge that the mind can change the chemicals in the body. They believe that only "real" chemical pills can produce those results. Yet in our daily lives we find that countless patients take "real" medicines and have terrible results and harmful side effects or the medicines do not work at all. The concept about fake and real medicine is very confusing because the mind can decide the good and the bad.

The nocebo effect is another power of suggestion; negative mind power creates a negative result. The nocebo effect is the opposite of the placebo effect. No one wants a negative effect from healing but the nocebo effect proves that the mind's power of suggestion works even if it causes negative results. In healing, we often hear the patients' being told, "You will be healed." We can also often hear doctors' telling patients, "You only have five months to live." This type of talk may affect the patient's mind which may affect the healing results from the positive or negative power of suggestion.

Some people believe that the only way to heal disease is with real medicine just as only the right key opens the lock on a door. If the treatment cannot heal the problem then there must be something wrong with the treatment or it is a fake treatment; it is the wrong key to unlock the door. Some people only favor medicine which must be prescribed by their own trusted healer or doctor. They believe healing only occurs with medicine

or surgery and any other method of healing must be voodoo or fake medicine. The mind should be or must be free. Believe or follow what you choose to but do not ridicule and criticize the placebo effect if you have not considered quantum theory.



**Our childhood education has brainwashed all of us into believing that healing is limited to medicine or surgery.**

Although many people represent themselves as scientists, a true scientist must follow scientific developments and must upgrade his knowledge from the constant evolvement of scientific studies. Now is the time to go into the quantum theory age yet most scientists who proudly call themselves skeptics still adhere to Newton's classical mechanic theory. Anyone can call himself a skeptic but a skeptic needs a theory to support his view instead of merely declaring other theories and ideas as idiotic.

The quantum mechanics theory proved the mind can change the particles and waves through the Double Slit Experiment. The Japanese scientist, Masaru Emoto, conducted a scientific study about the effect of human consciousness on the molecular structure of water. Emoto's early work explored his belief that water could react to positive thoughts and words and that polluted water could be cleaned through prayer and positive visualization.



**Masaru Emoto claimed that human consciousness has an effect on the molecular structure of water.**

Scientific studies differ in views between the micro and macro levels. Macro science is based on Newton's classical mechanic theory; micro science is based on quantum mechanics theory. In micro theory, it is known that the conscious mind can change the reality of mass. Our conscious mind comes from brainwaves. Our brainwaves can change water or any particle and wave



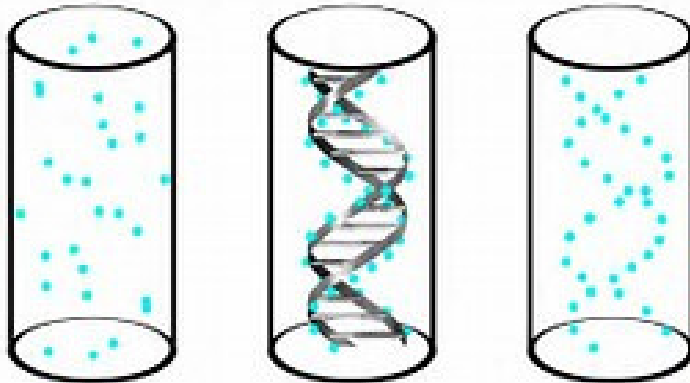
which is called duality. The human body is formed of about 70% water. According to the study, water could react to positive thoughts and words so our positive brain waves can affect the water inside the body. The body also has more blood plasma than blood cells. When the blood plasma carries the positive signal then the blood cells will have positive activity. On the other hand, a negative mind can cause negative results.

Another new study published on February 26, 2017, in Life Coach Code stated, "*New Research Shocks Scientists: Human Emotion Physically Shapes Reality!*" This new report supports the quantum theory that the mind works to change DNA. Quantum mechanics studies found that the mind's power can change DNA and that DNA can affect the change in particles. Simply put, the power of the mind can change DNA and particles.



**The power of mind can change DNA and particles.**

In the early 1990s through a series of experiments, Dr. Vladimir Poponin, a Russian quantum biology researcher, along with his colleague Dr. Peter Gariaev, tried to prove that human DNA has a direct effect on the physical world through a field of energy. First they recorded the presence of photons in an otherwise empty tube and noted that the photons were randomly scattered across the tube. Then they added a sample of human DNA into the tube only to discover that the photons arranged themselves distinctly in a pattern. When they removed the DNA from the tube then they expected the photons to go back to being randomly scattered but surprisingly the photons remained in a pattern. This effect is called 'Phantom DNA Effect,' which proved that DNA can change the pattern of the photons.



**Dr. Vladimir Poponin's Phantom DNA Effect**

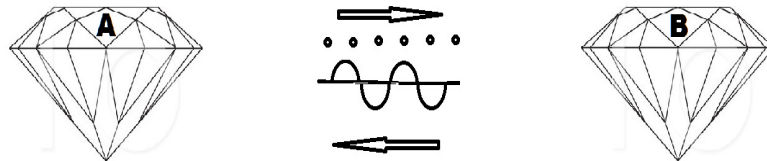
The DNA phantom effect experiment was similar to the Double Slit Experiment that uses a lens to effect the photons arranged in a pattern. The DNA from the cell carries the mind's consciousness and the lens represents the mind's consciousness as well. DNA and a lens can affect the change of photons. Can the mind affect the DNA? The HeartMath Institute researchers showed that human emotions have a direct effect on DNA.



**A human mind can change the DNA, and the DNA can affect the photons' change which is called the Phantom DNA effect.**

In a 1993 scientific study reported in the journal *Advances* that the Army performed experiments to determine precisely whether the emotional or DNA connection continues following a separation and if so at what distances? The researchers started by collecting a swab of tissue containing DNA from the inside of a volunteer's mouth. This sample was isolated and taken to another room in the same building where they began to investigate a phenomenon that classical physics theory believes never can happen. Indeed the research showed that a human's emotion can change the DNA even when it is out of the body. The study also found that the DNA separated by distances of hundreds of miles were still connected to its' molecules and the effects were the same.

The DNA taken out of the body is still connected with the body. According to Newton's classical physics theory, it does not make any sense and it is impossible. Yet in the quantum mechanics theory, it does make sense and it is easy to understand. It is just an entanglement effect like the two diamonds always connected with energy.



**Two diamonds always connected after the entanglement.**

Scientific studies have proven; 1.) The body's DNA when outside of the body always connects and 2.) This connection can be affected by emotions without limitations by time and distance. If we follow the quantum mechanics theory then it is easy to understand Digby's knife healing with the Powder of Sympathy or only using sympathy of the mind without any chemical drug. This proven concept of entanglement also can explain how many types of energy healing and Chi Gong healing are possible.

In the last hundred years most of science education focused on Newton's classical physics theory and rarely any general education about quantum mechanics physics theory or its use for healing practices. Quantum mechanics physics seem to belong to the experts in research and study. No one can deny the power of suggestion with a placebo or a nocebo that can affect the healing results. The world needs more people to use the positive mind of placebo for healing. It is a time to change our concept of healing; the placebo works! Changing a fixed concept is not easy because it needs to destroy the old one before a new one can proliferate. Yet the law of science never favors only the fixed conceptual mind. It will prove and select all the concepts that develop from the human being.

We are not against any medical expert but the healing system requires new concepts and continuing evolution. According to healing studies, we are currently in a critical age with healing; more and more diseases cannot be healed. Why should this happen in an age of high-tech development? The answer is that we need to utilize more scientific knowledge for healing.